

PRAY EVERY DAY April 21, 2024 Resource

*What is one takeaway from the worship service that God is giving you?*

*Scripture Invitation*

“Teacher, do you not care that we are perishing?” He woke up and rebuked the wind, and said to the sea, “Peace! Be still!” Then the wind ceased, and there was a dead calm. He said to them, “Why are you so afraid? Have you still no faith?” And they were filled with great awe and said to one another, “Who then is this, that even the winds and the sea obey him?” (Mark 4:38-41 NRSV)

*Pray Psalm 46:10 with intervals of silence*

Be still, and know that I am God! (moment of silence)  
Be still, and know that I am... (moment of silence)  
Be still, and know... (moment of silence)  
Be still (moment of silence)  
Be (moment of silence)

*A Prayer for Morning: Zechariah’s Song from Luke 1:68-79*

*Praying the Psalms from the Daily Office (Morning \* Evening)*

Monday: 41, 52 \* 44  
Tuesday: 45 \* 47, 48  
Wednesday: 119:49-72 \* 49, 53  
Thursday: 50 \* 59, 60, 114, 115  
Friday: 40, 54 \* 51  
Saturday: 55 \* 138, 139  
Sunday: 24, 29 \* 8, 84

*Gloria Patri*

Glory be to the Father and to the Son and to the Holy Ghost;  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen. Amen.

*The Bible in a Year with KUMC*

This plan is available at KUMC and on the church website. This plan can be started at any time.

*A Prayer from John Wesley’s A Collection of Forms of Prayer for Every Day of the Week, 1733 (Saturday Morning Prayer)*

Giver of all life and protector of your creatures, accept my morning prayer of praise and thanksgiving. You are praised, Lord, by all your works. The sun, moon, and stars speak of your greatness; the animals of air, sea, and land testify to your wisdom and skill; the forests and flowers reflect your majesty and the intricacies of your beauty. In the midst of the chorus of all creation, I also give thanks and praise to you, my Lord.

Fill my heart with gratitude, Lord, that I may from a full heart pour forth praise worthy of you. Help me to know the value and the variety of your gifts, that I will never forget my

debt to you. Let my awareness of your generosity prompt me this day to be generous in witness to you and in services that please you. And let me never love any of your gifts apart from loving you, the Giver.

You have created me and sent me into the world to do your work. Help me to fulfill the purpose of my creation and to honor you as you deserve by giving myself completely over to your service. Let me prosper in every work that will bring glory to your name, good to my neighbor, and wholeness to my own soul. Keep me from all those traps and temptations that continually coax me to offend you. Do not let my engagement with the world this day dilute my awareness of your nearness or make me lukewarm in your service. Rather, keep me mindful that I walk always in your sight and that in this short life I sow an eternal harvest.

Hear my prayers for all of humankind. Guide their feet into the way of peace. O gracious Comforter, behold all that are in affliction; let the sighings of the prisoners, the groans of the sick, the prayers of the oppressed, the desire of the poor and needy come before you.

*Spend time in silence*

*Prayer for others and yourself*

*The Lord's Prayer*

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.

*Share the Love of Jesus because It's All about Relationships*

How will you or how did you share the love of Jesus with neighbor today with no strings attached?

*A Prayer for Evening: Mary's Song from Luke 1:46-55*

*A Prayer for Bedtime: Simeon's Song from Luke 2:29-32*

*Fourth Sunday of Easter Prayer from the Book of Common Prayer, 1979*

O God, whose Son Jesus is the good shepherd of your people: Grant that when we hear his voice we may know him who calls us each by name, and follow where he leads; who, with you and the Holy Spirit, lives and reigns, one God, for ever and ever. Amen.