

PRAY EVERY DAY January 8, 2023 Resource

Praying the Psalms: Psalm 33:13-15 (NRSV)

The LORD looks down from heaven;
he sees all humankind.
From where he sits enthroned he watches
all the inhabitants of the earth –
he who fashions the hearts of them all,
and observes all their deeds.

The Gloria Patri

Glory be to the Father
and to the Son and to the Holy Ghost;
as it was in the beginning,
is now, and ever shall be,
world without end. Amen. Amen.

The Bible in a Year with KUMC

This plan is available at KUMC and on the church website. This plan can be started at any time.

Small Group or personal study

- What was your furthest moment from God this week?
- What was your closest moment to God this week?
- Read Matthew 6:9-13 and Luke 11:1-4

• The Lord's Prayer printed below comes from the two passages above in Matthew and Luke. In Matthew, the prayer is part of the Sermon on the Mount where there was a large crowd. In Luke, it may be a more intimate setting where a disciple asked Jesus to teach them to pray. Notice that Jesus gives us the gift of knowing how we may pray. Compare the three (Matthew, Luke, and The Lord's Prayer below) and notice what is similar and different about them.

- The prayer begins, "Our Father." A striking feature is the word "Our." How would this prayer be different if you changed the words "our" and "us" to "my" and "me"?
- One implication of "our" is that we never pray alone. The saints and church pray with us whenever we pray "Our Father." This prayer is one we pray out loud in worship with others. Even if one were to pray this "by oneself" the opening "Our Father" brings to mind and voice saints and church around the world who join in this prayer. Set a time to pray "The Lord's Prayer" every day this week and remember that when you pray it you are praying with those who want to follow Jesus in the prayer he gave us.
- Notice the place where God is, "in heaven." In the Bible, God is often found in specific places: with Moses in the burning bush, the Tabernacle, with Daniel in the Lion's Den, in Jesus Christ who is "God with us." "Our Father...in heaven" rules high over all and will one day make all things new with heaven and earth together fully at last. God can't be contained only in the human heart or a church building. How have you come to see God cannot be leashed or contained but is "in heaven" and comes near to us in Jesus Christ and the Holy Spirit?

Spend time in silence

Prayer for others and yourself

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name.
Thy kingdom come, thy will be done
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, forever. Amen.

Share the Love of Jesus because It's All about Relationships

How will you or how did you share the love of Jesus with neighbor today with no strings attached?

Praying the Psalms: Psalm 33:20-22 (NRSV)

Our soul waits for the LORD;
he is our help and shield.
Our heart is glad in him,
because we trust in his holy name.
Let your steadfast love, O LORD, be upon us,
even as we hope in you.