

PRAY EVERY DAY January 29, 2023 Resource

*Praying the Psalms: Psalm 51:1-2 (NRSV)*

Have mercy on me, O God,  
according to your steadfast love;  
According to your abundant mercy  
blot out my transgressions.  
Wash me thoroughly from my iniquity,  
and cleanse me from my sin.

*The Bible in a Year with KUMC*

This plan is available at KUMC and on the church website. This plan can be started at any time.

*The Jesus Prayer from The Way of a Pilgrim*

Lord Jesus Christ, Son of God, have mercy on me, a sinner.

*Small Group or personal study*

- What was your furthest moment from God this week?
- What was your closest moment to God this week?
- Read Matthew 6:9-15
- One section of The Lord's Prayer is, "Forgive us our trespasses, as we forgive those who trespass against us." In various versions of this prayer we may ask forgiveness of "debts" or "sins". Notice again the plural language in this section of the prayer that begins "Our Father":

forgive us...our trespasses...as we forgive...against us. In view here are not only individual sins but also corporate sins. There is also not only individual forgiveness but corporate forgiveness. Notice in scripture a sin is never just between two individuals. Sin involves God, a person/people, self, and even creation. Many times sin affects multiple people so "we" and "us" language is very appropriate.

- What are individual sins you have needed forgiveness from God and another person?
- What are group sins you have needed forgiveness from God other people?

Jesus not only gifts us this prayer to pray, but Jesus makes the way of forgiveness possible for every person and every sin. Our sins may be forgiven in Jesus Christ. In Jesus Christ, we may forgive the sins of others. So, Christians are bold and confident in forgiveness that God can forgive our sins and with God's help we can forgive the sins of others.

- The "daily bread" section of The Lord's Prayer is a reminder this is a prayer to pray regularly, even daily. So when we come to the forgiveness section of the prayer, it is a daily invitation to seek the forgiveness of our sins and forgive the sins of others. What sins do you need forgiveness for today? Who do you need to forgive today?

*Spend time in silence*

*Prayer for others and yourself*

*The Lord's Prayer*

Our Father, who art in heaven, hallowed be thy name.  
Thy kingdom come, thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread.

And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, and the power, and the glory, forever. Amen.

*Share the Love of Jesus because It's All about Relationships*

How will you or how did you share the love of Jesus with neighbor today with no strings attached?

*Praying the Psalms: Psalm 51:10-12 (NRSV)*

Create in me a clean heart, O God,  
and put a new and right spirit within me.  
Do not cast me away from your presence,  
and do not take your holy spirit from me.  
Restore to me the joy of your salvation,  
and sustain in me a willing spirit.