

PRAY EVERY DAY January 15, 2023 Resource

Praying the Psalms: Psalm 40:1-3 (NRSV)

I waited patiently for the LORD;
he inclined to me and heard my cry.
He drew me up from the desolate pit,
out of the miry bog,
and set my feet upon a rock,
making my steps secure.
He put a new song in my mouth,
a song of praise to our God.
Many will see and fear,
and put their trust in the LORD.

The Bible in a Year with KUMC

This plan is available at KUMC and on the church website. This plan can be started at any time.

Small Group or personal study

- What was your furthest moment from God this week?
- What was your closest moment to God this week?
- Read Matthew 6:5-6, 9-13
- One section of The Lord's Prayer says, "Thy kingdom come, thy will be done on earth as it is in heaven." This way of prayer is the opposite of trying to control God. Instead this prayer asks God "to be God" in our lives and the world. What are ways you have prayed in order to control, manage, or manipulate God?
 - The Lord's Prayer in Matthew is found in the midst of The Sermon on the Mount. Scan through that sermon (Matthew 5 - 7) and see what sorts of things could be described as "God will...on earth" from who is blessed (5:1-12) all the way through what God would have us do with the words of the sermon (7:24-27).
 - "Thy will be done" is the way Jesus prayed in Gethsemane (Matthew 26:36-46). Before being arrested Jesus prayed, "My Father, if it is possible, let his cup pass from me; yet not what I want but what you want." That is a prayer of radical surrender and commitment to God's ways even when God's ways would be opposed and bring persecution, hardship, or suffering. A common fear even Christians have is if we pray "Thy will be done" that our desires will be eliminated. However, our true longings will be fulfilled in the salvation, peace, and justice of God. In the end, the only things we have to lose are sin, fear, and disobedience (to God). In what ways are you ready (or not) to pray The Lord's Prayer "Thy kingdom come, thy will be done"?

A Prayer of Teresa of Avila

Govern all by thy wisdom, O Lord,
so that my soul may always be serving thee
as thou dost will, and not as I may choose.
Do not punish me, I beseech thee,
by granting that which I wish or ask,
if it offend thy love, which would always live in me.

Let me die to myself, that I may serve thee;
let me live to thee who in thyself art the true life. Amen.

Spend time in silence

Prayer for others and yourself

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name.
Thy kingdom come, thy will be done
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, forever. Amen.

Share the Love of Jesus because It's All about Relationships

How will you or how did you share the love of Jesus with neighbor today with no strings attached?

Praying the Psalms: Psalm 40:16-17 (NRSV)

But may all who seek you
rejoice and be glad in you;
may those who love your salvation
say continually, "Great is the LORD!"
As for me, I am poor and needy,
but the Lord takes thought for me.
You are my help and my deliverer;
do not delay, O my God.