

PRAY EVERY DAY July 24, 2022 Resource

*Household Prayer: Morning**

Dear God, as I begin this day I renew my commitment to live as an agent of your reconciling love. Keep my actions holy, my thoughts blameless, and my intentions irreproachable. Let me be firm in the hope promised by the gospel, that my life may bear witness to Jesus Christ my Lord. Amen.

The Bishop Sharma Lewis Read the Bible in 2022 Challenge (One Year Bible Reading Plan)

You may find this plan on the Virginia Annual Conference website <https://vaumc.org> or pick up a copy at KUMC.

The Bible in a Year with KUMC

This plan is available at KUMC and on the church website. This plan can be started at anytime.

Small Group or personal study

- What was your furthest moment from God this week?
- What was your closest moment to God this week?
- Read Psalm 139:1-4 and Romans 8:26-27.
- When do you find it hardest to pray?
- What obstacles are there to you praying?
- The Psalms are the songs and prayers of God's people. When we don't know what to pray, the Psalms pray for us. Pray all of Psalm 139. Pray along with David who wrote those words. Pray them as the words saints have prayed. Pray them as your own.
- In addition to prayers from the Bible (like Psalms) that can help us pray, prayers that people have written can be helpful as well. Pray a prayer of Martin Luther below as one example of praying a faithful prayer written by one of the saints.

A Prayer of Martin Luther

Behold, Lord, an empty vessel that needs to be filled. My Lord, fill it. I am weak in the faith; strengthen me. I am cold in love; warm me and make me fervent, that my love may go out to my neighbor. I do not have a strong and firm faith; at times I doubt and am unable to trust you altogether. O Lord, help me. Strengthen my faith and trust in you.

In you I have sealed the treasure of all I have. I am poor; you are rich and came to be merciful to the poor. I am a sinner; you are upright. With me, there is an abundance of sin; in you is the fullness of righteousness. Therefore I will remain with you, of whom I can receive, but to whom I may not give.

Spend time in silence

Prayer for others and yourself

The Lord's Prayer

Share the Love of Jesus because It's All about Relationships

How will you or how did you share the love of Jesus with neighbor today with no strings attached? Write it down and share it this week in small group for support and prayer.

*Household Prayer: Evening**

Lord Jesus, the labors of the day are over and the evening rest begins. If I have been busy with too many things, return my thoughts to what is needful. At last, let me know the better part you have promised will not be taken away, that I may sleep in your peace and awaken with renewed attentiveness to your presence. Amen.

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