

## PRAY EVERY DAY January 2, 2022 Resource

*Psalm Praise from Psalm 119:105 (NRSV)*

Your word is a lamp to my feet and a light to my path.

*The Bishop Sharma Lewis Read the Bible in 2022 Challenge (One Year Bible Reading Plan)*

You may find this plan on the Virginia Annual Conference website <https://vaumc.org> or pick up a copy of the reading plan at KUMC. Here are readings for this week

January 3: Genesis 5:1 – 7:24; Matthew 3:7 – 4:11; Psalm 3:1-8; Proverbs 1:10-19

January 4: Genesis 8:1 – 10:32; Matthew 4:12-25; Psalm 4:1-8; Proverbs 1:20-23

January 5: Genesis 11:1 – 13:4; Matthew 5:1-26; Psalm 5:1-12; Proverbs 1:24-28

January 6: Genesis 13:5 – 15:21; Matthew 5:27-48; Psalm 6:1-10; Proverbs 1:29-33

January 7: Genesis 16:1 – 18:15; Matthew 6:1-24; Psalm 7:1-17; Proverbs 2:1-5

January 8: Genesis 18:16 – 19:38; Matthew 6:25 – 7:14; Psalm 8:1-9; Proverbs 2:6-15

January 9: Genesis 20:1 – 22:24; Matthew 7:15-29; Psalm 9:1-12; Proverbs 2:16-22

*The Bible in a Year with KUMC*

This plan is available at KUMC and on the church website. This plan can be started at anytime. For this week, here are the first seven days:

Day 1: Genesis 1 – 2; Psalm 1; Mark 1

Day 2: Genesis 3 – 4; Psalm 2; Mark 2

Day 3: Genesis 5 – 6; Psalm 3; Mark 3

Day 4: Genesis 7 – 8; Psalm 4; Mark 4

Day 5: Genesis 9 – 10; Psalm 5; Mark 5

Day 6: Genesis 11 – 12; Psalm 6; Mark 6

Day 7: Genesis 13 – 14; Psalm 7; Mark 7

*Small Group or personal study*

- Read John 1:1-18
- Jesus is described in many wonderful ways in these verses: “Word”; “life”; “light”; “became flesh and lived among us”; and more. Choose one of these ways of describing Jesus and share what is helpful and challenging for you about this description of Jesus (you could write it down, pray about it, or share with a friend).
  - The actions of Jesus in this passage are full of grace. Jesus who brings all things into being, gives life and light to all, comes to all whether they receive him or not, gives power for people to become the children of God, lived with us in the flesh, gave grace and truth, and makes God known. How have you received the grace of Jesus? What are the regular ways you open your life to receive the graces above from Jesus? Some common means of grace are: prayer, public worship of God, receiving the sacraments, reading or studying the Bible, Christian fellowship, serving the poor, and fasting or abstinence.
  - In what ways do you need the grace of Jesus today? Where do you need God’s Word, life, light, grace, truth, or incarnated presence?
  - One means of grace for getting Jesus “the Word” into our lives is Bible reading. Jesus is the living Word of God and not the same as the Bible. Yet, the Holy Spirit often brings life to the words in the pages of the Bible to bring us the grace of Jesus. “All scripture is inspired by God and is useful for teaching, for reproof, for correction, and for training in righteousness, so that everyone who belongs to God may be proficient, equipped for every good work” (2 Timothy

3:16, NRSV). What patterns of Bible reading or study have you done in the past? Consider how you could have a way to regularly read or study the Bible this year. You could choose one of the Bible reading plans above or pursue a different plan. Not choosing to read the Bible is also a plan, but one that misses out on the gift of God's words and how people in the Bible have wrestled with God. What plan will you choose?

*Spend time in silence*

*Prayer for others and yourself*

*The Lord's Prayer*

*Share the Love of Jesus because It's All about Relationships*

How will you or how did you share the love of Jesus with neighbor today with no strings attached? Write it down and share it this week in small group for support and prayer.

*Psalm Blessing from Psalm 119:2 (NRSV)*

Happy are those who keep his decrees, who seek him with their whole heart.