

PRAY EVERY DAY March 29, 2020 Resource

Thirsty for God from Psalm 42:1-2

As a deer longs for flowing streams,
so my soul longs for you, O God.
My soul thirsts for God, for the living God.
When shall I come and behold the face of God?

Jesus Gives Living Water from John 4:10, 13-14 NRSV

Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water" ...
"Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life."

Worship in Spirit and Truth from John 4:21-24, NRSV.

Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth."

A Prayer by Juliana of Norwich

God, of your goodness give me yourself; for you are sufficient for me.
I cannot ask anything less, to be worthy of you.
If I were to ask less, I should always be in want.
In you alone do I have all. Amen.

The Bishop Sharma Lewis Call to Pray at Noon Every Day

Almighty God: Father, Son and Holy Spirit,

We thank you for your blessings, past, present and future. You are our rock and the source of our hope in all things and at all times. As Jehovah Jireh, our provider God, we ask you this day to stretch out your mighty hand and eradicate from the face of the earth forever this virus called COVID-19 (coronavirus) that is spreading rapidly from continent to continent. We also pray that you, Jehovah Rapha, our healing God, would place your hand upon all of those who have been stricken by this virus and restore them to full health. Be with those who have lost loved ones and are grieving. Protect all who are caring for those with this virus and keep them from contracting it themselves. Calm our fears and provide us with your peace that surpasses all understanding. Strengthen us with the joy of the Lord and help us to hold firmly to the hope that only you can provide.

Unify us that we, the Virginia Annual Conference, may be able to experience anew the promise of your presence in and through the unity of our faith, hope and trust in you in the days ahead and forever. We offer this prayer in the mighty name of our Lord, Jesus Christ.
AMEN.

The Bishop Sharma Lewis Read the Bible in 2020 Challenge

More resources at www.vaumc.org/2020BibleChallenge

March 25 – April 14 “Fruit of the Spirit: Love”

March 30: Romans 5:1-11

April 3: 2 Corinthians 5:16-21

March 31: Romans 12:9-21

April 4: Matthew 22:34-40

April 1: 1 Peter 4:7-11

April 5: John 15:1-11

April 2: 2 Corinthians 5:11-15

Small Group or Personal Study

Read John 4:4-42.

- How is it with your soul?
- As a result of COVID-19 restrictions, how have recent changes to your schedule and routine affected you?
- What is it you need from God and the Church at this time?

In John 4:4, it says Jesus had to go through Samaria. There were other roads Jesus could have taken and that many did take to avoid Samaria in Jesus’ day. This “had to” reveals Jesus walking in the purpose and plans of God. Jesus had to do ministry with the Samaritans.

- What sorts of things do you “have to do”?
- Have you ever had an “I have to” moment because of what God was directing you to do? What was God calling you to do? How did you respond?

In John 4:31-38, Jesus shared that his food – what fills him up and satisfies him – is doing the Father’s will and completing the work before him. Jesus then tells the disciples there are fields ripe for harvest, in other words, there is plenty of the food God gives and work of God that satisfies. In this time of COVID-19 coronavirus, we are in a time our lives have been disrupted, perhaps similar to how the disciples had their lives disrupted by going through Samaria, yet there were people there in Samaria Jesus wanted to give the living water of God.

- Who around you is struggling, stressed, or sick? Take some time to think about this question and consider what is going on with people you live with, in your family, your neighbors, and people in our community from places like church, school, or work.
- How might God be nudging you at this time to share God’s love?

Spend time in silence

Prayer for others and yourself

The Lord’s Prayer

Share the Love of Jesus because It’s All about Relationships

How will you or how did you share the love of Jesus with neighbor today with no strings attached? Write it down and share about it this week in small group for support and prayer.

Jesus’ Invitation to Drink from John 7:37-38, NRSV

“Let anyone who is thirsty come to me, and let the one who believes in me drink. As the scripture has said, ‘Out of the believer’s heart shall flow rivers of living water.’”